



**PAULETTE'S
PHYSICAL
DISTANCE
(VIRTUAL RUN)**

WHEN

SUNDAY, MAY 3, 2020

WHERE

WHEREVER YOU ARE

THE FUN STARTS

9:45 AM

A FREE VIRTUAL 1 MILE/5K/10K

**PHYSICALLY DISTANT &
SOCIALY CONNECTED**

VIRTUAL PACKET



CentraState
Healthcare Foundation

CENTRASTATEFOUNDATION.ORG

732-294-7030

Few people know the importance of maintaining your health and fitness even through the most difficult times, more than Paulette Stallone. For the last ten years she has hosted a 5K/1 Mile event to benefit the colorectal cancer program at CentraState – a program she credits for saving her life when she was diagnosed with Stage 4 cancer.

Our event this Sunday is now 100% virtual – because even though we cannot be together she still wants to inspire the community to get outside and run (or walk) and live your healthiest life.

We are so grateful to the community for embracing our intent to make the best of the Physical Distance – staying socially connected but physically apart.

Remember that this run/walk has no minimum or maximum distance – whether you want to do 1 mile, 5K or a 10k - the only requirement is that you do it alone or with members of your household!

While this is a free event, we have received many generous gifts from all over the world—as far south as Florida, as far east as Ireland and as far west as Australia! If you would like to contribute to our Coronavirus Relief Fund, please [click here](#).

Included in this packet are our sponsor shoutouts, instructions for the starting line, time submissions, #PaulettesPHYSICALDISTANCE, prize drawings and more!

Be well,

CentraState Healthcare Foundation

THANK YOU FOR YOUR GENEROSITY

EVENT SPONSORS



**THE THOMAS AND JEANNE ELMEZZI
PRIVATE FOUNDATION**

SHIRT SPONSORS



FINISH LINE SPONSORS

CENTRASTATE MEDICAL ASSOCIATES, PC

REFRESHMENT SPONSORS



**BERNARD &
CELESTE
LEONE**



**Fulton
Bank**

Fulton Bank, N.A. Member FDIC.

5K SPONSORS

Healthscope

**ZSIA
ROSMARIN**



1 MILE SPONSORS

The Lehman Law Firm, PC

STARTING LINE—RACE RESULTS—RAFFLES

#PalettesPHYSICALDISTANCE

To join us for a virtual welcome and starting line— please visit [ZOOM.US](https://zoom.us) and create an account **prior to** the event— test it out with your family or your “team” so you don’t miss out!

On Sunday May 3rd at 9:45AM —open ZOOM
on your phone/tablet/computer and enter
Meeting ID: **984 2891 2782**
Password: **PPDVIRTUAL**

#PalettesPHYSICALDISTANCE:

Tag your photos or videos on Social Media (make sure they’re public!) or email them to niromano@centrastate.com to be included in our event video!

5K Participants:

Text your NAME, BIB # and TIME to 732-272-7241

Results will be posted by 5PM on Monday May 4
<https://runsignup.com/palette/Results>

Raffles:

Monday May 4 at 7PM
LIVE DRAWING on our Facebook Page
(no account needed)
www.facebook.com/centrastatefoundation

DIGITAL OFFERS

Econo Full Color Promo Mask

Dye Sublimated
Full Color Printing
Oval or
Rectangle
100 @ \$3.85 each
250 @ \$3.67 each
500 @ \$3.49 each
No set-up fee
blank,
no imprint
\$1.99 each



A fun, full color, economy promo mask. Super lightweight nonwoven fabric. Available in 2 shapes - Oval and Rectangle. Made in the USA. Printed on ONE side only. No limit to the number of colors! Comes with elastic ear bands and adjustable metal nose bridge. Bulk packed. Blank mask is White.

Double Knit Face Mask

One Color Imprint
500 @ \$3.75 each
\$50 set-up fee

Full Color Dye
Sublimation
500 @ \$4.58 each
No set-up fee

Blank
500 @ \$2.92 each

Black, Navy, White



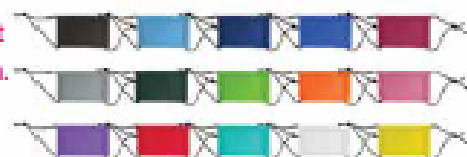
American-Made double knit masks. Moisture-wicking properties. Heavyweight 14.9 oz ponte double knit 100% polyester. Two earholes accommodate various face shapes and sizes. Washable and reusable. Adjustable to fit over N95.

Non-Woven Face Mask

One Color
Imprint
150 @ \$2.51 each
300 @ \$2.42 each
600 @ \$2.33 each
\$55 set-up fee



blank - no imprint
as low as \$1.95 ea.
Please contact us
for quote



2-layer face mask made of breathable eco-friendly 80 GSM Non-Woven Polypropylene material. Soft Nylon cord straps adjust for comfort in wear. Made in the USA from imported materials. Spot clean with damp cloth. Not intended for medical use; not recognized by the CDC or FDA as safe or effective against COVID-19 or any virus; no guarantee item will protect user from any illness.

Face Mask Ear Saver



one color imprint
250 @ 90¢ each
500 @ 80¢ each
1000 @ 75¢ each
\$45 set-up fee
blank, no imprint 72¢ each

Allows elastic bands of
the face mask to be
comfortably hooked
together to prevent
rubbing behind the ears.
Latex free.
Made In the USA.



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Located at 33 Route 9 South
in Morganville

- Exterior Services Only
- Employees wear gloves and mask at all times
- Credit card payment preferred

Mention PAULETTE to receive 20% off your service—
expires May 31, 2020



Ruocco's on 9 in Manalapan—serving your favorite Sunday Sauce for just \$27.99

Includes 1lb pasta, SUNDAY SAUCE, 2 Meatballs, 2 Sausage, 2 Braciole and 1 loaf of Italian bread!



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MANALAPAN, NJ!
WE'RE BACK!

PROJECT BRUNCH
IS REOPENING

- FRIDAY 5/1
- SATURDAY 5/2
- SUNDAY 5/3

9 AM - 2 PM
CURBSIDE PICKUP
OR
DOORDASH DELIVERY

FOLLOW US ON SOCIAL FOR MORE
UPDATES COMING SOON!

Proceeds of Sales go to "paulettes Physical
Distance"



Spend \$100 and get
your next jewel at
50% off!

Order online
CLICK SHOP

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AJRU26GX



Laura D'Urso Sr Director

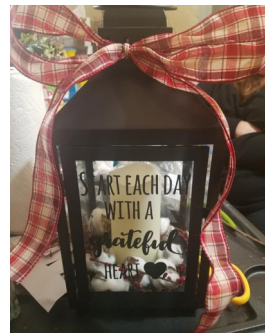
2 Chicks
Custom Décor



Everything offers a unique, one of a kind twist. Whether you want something to decorate your home, or to buy as a gift, we are certain you will find something you love!

Mention PAULETTE and receive 10% off your order and 10% will also be donated back!

Visit www.facebook.com/2chicks to order



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Are you having a small celebration? Do you want to have some dessert fun with your family? Ice Cream Emergency is here to help you celebrate!! We have 2 Sundae Packages that you can enjoy with your family. This is a "NO CONTACT" Delivery.

Call or Email to BOOK your Sundae Party Today!!!

ice02@icecreamemergency.com

732-598-7125



→ Package #1 "Celebrate in Place" D.I.Y. Sundae

Family Special \$89.00 + tax Includes 8 cups of Gourmet Ice Cream, 8 Sweet and Crunchy Toppings, 3 sauces, can of Whipped Cream, Maraschino Cherries, 5 Party Hats, ...Let's make this fun.
5 Balloons, Logo keepsake Ice Cream Emergency cup

→ Package #2 Family Sundae Package" \$65.00 + tax

Includes 6 cups of Gourmet Ice Cream (2 scoops in each cup), Chocolate Sprinkles, Rainbow Sprinkles, can of Whipped cream, Maraschino Cherries and 6 Party Hats!!!

Additional ice cream cup with party hat available \$6.00 each



BOOK TODAY

732-598-7125

ice02@icecreamemergency.com

www.icecreamemergency.com



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Oriana LaMarca Designs

Beautiful blue Tibetan wave bracelet—\$45 and proceeds benefit *Paulette's PHYSICAL DISTANCE*

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\$21

11x14 size kit

\$29

16x20 size kit

Don't get cabin fever,
get creative!

Each kit includes:

Sketched Canvas, paints, brush, plate
for mixing and paper towels.
General instructions if there is no virtual
class with the painting

**Curbside Pick Up Tues &
Thurs 1-5pm.**

Buy 3 Get 1 Free!



Curbside pickup available!

We have paint kits for all ages! Order online.



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